

Sahaj Calendar 2025



*“In collective sense, we are all one, part and parcel of one being.
Then you are really acting as collective being and you are one with the Divine,
where the Sun is looking after you, the Moon is looking after you, the winds are looking after you;
all the Mother Earth and all these elements are working. Ether, everything is working for you.
And you are so well protected and blessed by the special quality to enjoy the joy.
Then you really become sensitive to that joy, when you are one with the whole.”*

Shri Mataji Nirmala Devi
Easter Puja Talk, Study Camps, UK – April 3rd, 1988



January

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|----------------------------|-----------|----------|--------|----------|--------|
| 30 | 31 | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 <i>Sankranti day</i> | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |



February

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | ● 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |



March

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|-----------------------------------|----------|---------------------------------|
| 24 | 25 | 26 | 27 | 28 | 1 | 2 <i>Mahashivaratri Puja</i> |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 ● | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 <i>Sbri Mataji Birthday</i> | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |



April

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|------------------------------|
| 31 | 1 | 2 | 3 | 4 | 5 | 6 <i>Sbri Rama Navami</i> |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 <i>Easter Puja</i> |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |



May

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|----------------------------|
| 28 | 29 | 30 | 1 | 2 | 3 | 4 <i>Sabarasra Puja</i> |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |



June

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|----------------------------------|
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 <i>Sbri Adi Shakti Puja</i> |
| 9 | 10 | 11 ● | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |



July

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|---------------------------------|
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 ● | 11 | 12 | 13 <i>Sbri Adi Guru Puja</i> |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |



August

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|--------------------------------|--------------------------------|
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 ● | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 <i>Sbri Krishna Puja</i> |
| 25 | 26 | 27 | 28 | 29 | 30 <i>Sbri Ganesha Puja</i> | 31 <i>Wedding Ceremony</i> |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |



September

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 ● |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 <i>Navaratri Puja</i> |
| 29 | 30 | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |



October

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| 29 | 30 | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |

Diwali Puja



November

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

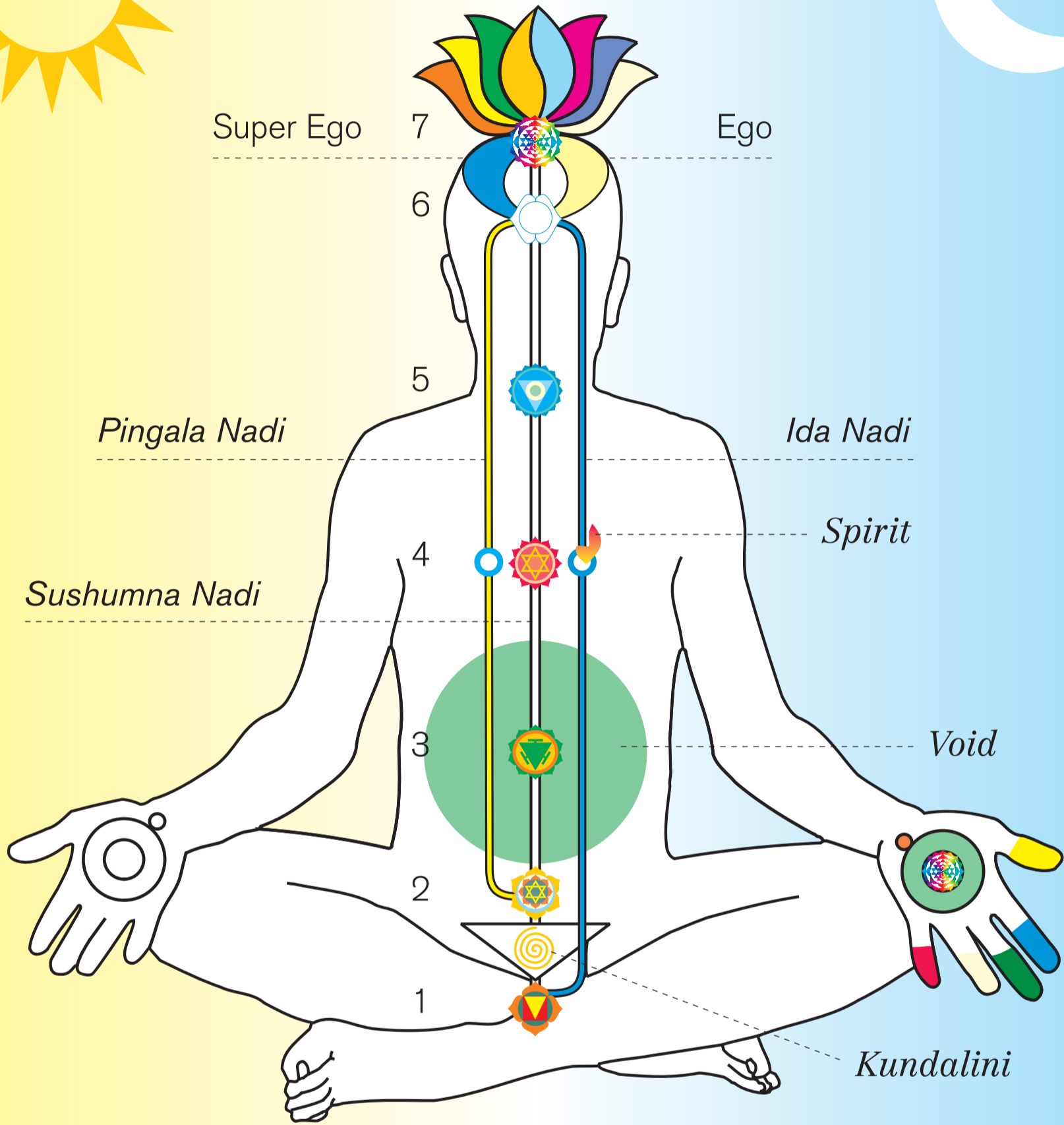
Sbri Bhairava



December

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|-----------------------------|-----------|----------|--------|----------|--------|
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |
| 3 | 4 | 5 ● | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 <i>Christmas Puja</i> | 26 | 27 | 28 | 29 | 30 |
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |



1
Mooladhara



Innocence

2
Swadisthan



Creativity

3
Nabhi



Evolution

4
Anahat



Security

5
Vishuddhi



Collettivity

6
Agnya



Forgiveness

7
Sahasrara



Integration

Sahaj Calendar

2025

Nirmal Arts
Academy
nirmalarts.org

Shri Mataji
Foundation
shrimatajifoundation.org

Sahaja Seminars
for beginners
sahajayoga.org

Culture of
the Spirit Festival
theatreofeternalvalues.com

Daglio Camp
dagliocamp.com

Parco Mongiardino
Activities
parcomongiardino.it